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Drogheda Arch Club

The Drogheda Arch Club is a social club for people with Special Needs. Members meet up every Wednesday night in St. Mary's Hall in Old Hill where they enjoy a mixture of party games, arts and crafts, football, board games, aerobics, discos, birthday parties and an opportunity to meet up with friends. All this would not be possible without the hard work and dedication of Drogheda Arch volunteers. At the moment there are around 50 members in the club which has been on the go for 35 years, with membership ranging from 17 to 70. If you would like to know more about this club you can contact **Oonagh Dillon** Mobile: 087 9752243 Email: oonagh_bertie@hotmail.com



Pictured here are members of Drogheda Arch Club celebrating Ireland's achievements in the EURO football competition.



Thanks to all the members who have filled these pages. There is something on its way in the post to all whose contributions appear. Paint a picture for your 'Archbeat', write a poem, send in a letter or a picture of yourself. *Don't forget to send us your name and club name with your entry. Perhaps friends, volunteers, parents could help?* Send to: 74 Meadow Grove, Dublin, 16.

To submit articles in the next edition of Archbeat, send your stories, news and photos to: **Ann Marie Ellison, 39 Cherry Park, Swords, Co. Dublin,** or if possible, e-mail to: ameellison@hotmail.com

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Friendship Clubs for People with Special Needs

Meeting Place Arch Club

The Meeting Place Arch Club is a progressive youth club for people with varying challenges operating in the Finglas area. Always on the go, this club recently completed a 10 week hypnotherapy (horse-riding therapy and stable management) support programme. They also have their own allotment, meet on Friday nights and take trips throughout the year. Below in the two pictures are some members chilling out at the end of the camp. Want to know more? – **Contact: Sandra Dillon; Mobile: 087 9730003; Email: sandratherese@eircom.net**



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Archbeat

Annual Day Out to Aras An Uachtarain

The sun shone brightly last Monday as a cavalcade passed through the gates of the Phoenix Park, with over 40 members from Arch Clubs all over Ireland paying a visit to Aras An Uachtarain. We were greeted by the President's Aide de Camps and enjoyed tea, cake and refreshments before we were given a guided tour of the house and told some secrets of past presidents, to which one of our members added by filling us in on details of President De Valera. We finished off with a walk in the beautiful gardens and some of us danced in the ballroom! It was a wonderful special day and again another great opportunity for clubs to come together and make new friends. Thanks to all those who travelled to be there and we look forward to our next outing where hopefully more clubs can join in.

Mary Davitt, P.R.O.

Congratulations to Jack Short of Portmarnock Arch Club who became this year's National Youth Volunteer for 2016 and to Glen Meehan of Ronanstown Arch Club, who was runner up. Well done lads .



Archbeat



Lakeland Arch Club

Welcome Baileborough's new 'Lakeland Arch Club' which was officially opened in April 2016. This Arch Club is the first of its kind in County Cavan, catering to both juniors and young adults, with different times for the two age groups. The club meets in the Baileborough Business Centre, where members can socialise, meet-up and make new friends. For more information on the Lakelands Arch Club contact:

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Arch Club Balrothery volunteers shaping up for the women's mini marathon.